

Enjoy Your Public Lands with Kindness

Montana can feel like a small town, with a friend and a smile around every bend in the trail. Kindness is the key to keeping this friendly vibe under the Big Sky. No matter where you live or how you recreate, these Hike Kind tips can help create a culture of kindness outdoors. When we play responsibly, we're kind to ourselves, the wildlands we love, and our community.

Be kind to the land.

Know the trail conditions. Don't hike or ride on wet or muddy trails.

Stay on the trail. Leaving the trail is hard on plants and can cause erosion.

Leave no trace. Pick up all litter, including dog waste, and don't leave poop bags on the trails.

Volunteer for local trail stewardship events.

Be kind to your community.

Be friendly. Smile and say hello to other trail users.

Slow down around other users, and keep one ear free of headphones so you can hear and respond to each other.

Know when to yield. Bikers yield to all other users and downhill traffic yields to uphill traffic.

Follow leash laws. Leash your dogs except in off-leash areas so everyone can hike and ride safely.

Be kind to yourself.

Know the weather and pack layers.

Bring food and water for yourself (and your dog).

Be bear aware. Never leave your food unattended.

Join a local trail organization and get involved.

**hike
kind.**

Be Kind all year and everywhere you go.

Hike Kind is part of the Outside Kind Campaign led by One Montana. Outside Kind is creating a culture of respect, reducing conflicts, and helping everyone be a more conscientious user of our shared public resources. Outside Kind represents all recreational users and promotes inclusion in our shared outdoor spaces.

outsidekind.org